



Nether Kellet Primary School
 Knowledge & Skills Progression for

Be inspired.... Have belief and grow.

Physical Education - Games

Early Years Framework & National Curriculum

EYFS	KS1	KS2
<ul style="list-style-type: none"> Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 	<ul style="list-style-type: none"> Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending. 	<ul style="list-style-type: none"> Use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]. Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Possible Evidence

EYFS	KS1	KS2
<ul style="list-style-type: none"> Can they move safely, negotiating obstacles? Can they demonstrate some coordination when playing? 		



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<ul style="list-style-type: none"> Can they run, jump, dance, hop, skip and climb? 		
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Activities

EYFS	Yr 1/2	Yr 3/4	Yr 5/6
Striking and hitting a ball: Hit a ball with a bat or a racket.	Striking and hitting a ball: Learning skills for playing striking and fielding games. Position the body to strike a ball Strike or hit a ball with increasing control.	Striking and hitting a ball: Strike a ball for distance. Use a bat, racket or stick to hit a ball or shuttlecock with increasing control. Accurately serve underarm. Build a rally with a partner. Use at least 2 different shots in a game situation. Use hand-eye coordination to strike a moving and stationary ball.	Striking and hitting a ball: Identify and apply techniques for hitting a tennis ball. Develop a backhand technique and use it in a game. Hit a bowled ball over longer distances. Understand how to serve in order to start a game.
Throwing a catching a ball: Roll equipment in different ways. Throw underarm. Throw an object at a target.	Throwing a catching a ball: Throw underarm and overarm. Catch and bounce a ball with and without a partner.	Throwing a catching a ball: Accurately develop different ways of throwing and catching.	Throwing a catching a ball: Consolidate different ways of throwing and catching and know



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<p>Catch equipment using 2 hands.</p> <p>Travelling with a ball: Move a ball in different ways, including bouncing and kicking. Use equipment to control a ball.</p>	<p>Practise accurate throwing and consistent catching. Use throwing and catching skills in a game. Vary types of throw used.</p> <p>Travelling with a ball: Travel with a ball in different ways. Use kicking skills in different directions in a game. Use dribbling skills in different directions in a game.</p>	<p>Throw a ball in different ways e.g. high, low, fast or slow. Develop a safe and effective overarm bowl.</p> <p>Travelling with a ball: Move with the ball in a variety of ways with some control. Use two different ways of moving with a ball in a game. Move with the ball using a range of techniques showing control and fluency.</p>	<p>when each is appropriate in a game. Throw and catch accurately and successfully, under pressure, in a game.</p> <p>Travelling with a ball: Show confidence in using ball skills in various ways in a game situation, and link these together effectively.</p>
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<p>Passing a ball: Kick an object at a target.</p> <p>Using space: Move safely around the space and equipment. Travel in different ways, including sideways and backwards.</p> <p>Attacking and defending: Play a range of chasing game.</p>	<p>Passing a ball: Pass the ball to another player in different ways, Use kicking skills in a game.</p> <p>Using space: Use different ways of travelling at different speeds and following different pathways, directions and courses. Change speed and direction whilst running. Begin to choose and use the best space in a game.</p> <p>Attacking and defending: Use simple defensive and attacking skills.</p>	<p>Passing a ball: Pass the ball with increasing speed, accuracy and success in a game situation.</p> <p>Possession: Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.</p> <p>Using space: Make the best use of space to pass and receive the ball.</p> <p>Attacking and defending:</p>	<p>Passing a ball: Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move.</p> <p>Possession: Keep and win back possession of the ball effectively and in a variety of ways in a team game.</p> <p>Using space: Demonstrate a good awareness of space.</p> <p>Attacking and defending:</p>
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<p>Tactics and Rules: Follow simple rules.</p> <p>Compete and perform: See athletics</p> <p>Evaluate: See athletics</p>	<p>Use at least one technique to attack or defend to play a game successfully.</p> <p>Tactics and Rules: Use simple attacking and defensive skills. Understand the importance of rules in games.</p> <p>Compete and perform: See athletics</p> <p>Evaluate: See athletics</p>	<p>Use a range of attacking and defending skills and techniques in a game. Use fielding skills as an individual to stop a player from scoring.</p> <p>Tactics and Rules: Know how play a striking and fielding game fairly. Vary the tactics and adapt the rules to alter games.</p> <p>Compete and perform: See athletics</p> <p>Evaluate: See athletics</p>	<p>Shoot in a game. Think ahead and create a plan of attack or defence. Work as a team to develop fielding strategies.</p> <p>Tactics and Rules: Follow and create complicated rules to play a game successfully. Lead others during a game. Know when to pass and when to dribble in a game.</p> <p>Compete and perform: See athletics</p> <p>Evaluate: See athletics</p>
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