



Nether Kellet Primary School – Skills Progression

*Be inspired.... Have belief and grow.*

# Physical Education

## Dance

EYFS	Yr 1/2	Yr 3/4	Yr 5/6
<p>Dance skills: Join a range of movements together. Change the speed and style of their actions and movements. Create a short movement phrase which demonstrates their own ideas.</p> <p>Compete and perform: See athletics</p> <p>Evaluate: See athletics</p>	<p>Dance skills: Copy, remember and repeat actions. Create a short motif, inspired by a stimulus. Begin to independently create a short dance. Use simple choreographic devices such as unison, cannon and mirroring. Move in time to music.</p> <p>Compete and perform: See athletics</p> <p>Evaluate:</p>	<p>Dance skills: Use simple dance vocabulary to compare and improve work. Compose a dance that reflects the chosen dance style. Confidently improvise with a partner. Compose longer dance sequences in a group. Begin to vary dynamics in response to stimuli. Demonstrate rhythm and special awareness. Change parts of a dance as a result of self evaluation.</p> <p>Compete and perform:</p>	<p>Dance skills: Show a change of pace and timing in movements Develop an awareness of the use of space. Use dramatic expression in dance movements and motifs. Perform with confidence using a range of movement patterns. Use transition to link motifs smoothly together. Show a change of pace and timing in their movements. Use complex dance vocabulary to compare and improve work. Perform on longer more complex sequences in time to music.</p>



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	See athletics	See athletics  Evaluate: See athletics	Evaluate: See athletics
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